

Date: 19th-21st August 2019

Report on Healthcare Sessions at Bandodkar College of Science

From August 19th to 21st, 2020, Dr. Smita Jape conducted a series of educational sessions for healthcare students at Bandodkar College of Science. The sessions were designed to enhance the students' understanding of key healthcare concepts and practical skills necessary for their professional development.

Dr. Jape covered a range of topics relevant to the students' field, providing valuable insights and hands-on experience. The sessions encouraged active participation and included interactive discussions, case studies, and practical demonstrations. This initiative was well-received by the students, who appreciated the opportunity to gain deeper knowledge and practical skills from an experienced professional.

K.P.

Signature of Committee Convenor



Date: September 17th, 2019

Solar Panel Installation: Advancing Our Commitment to Sustainability

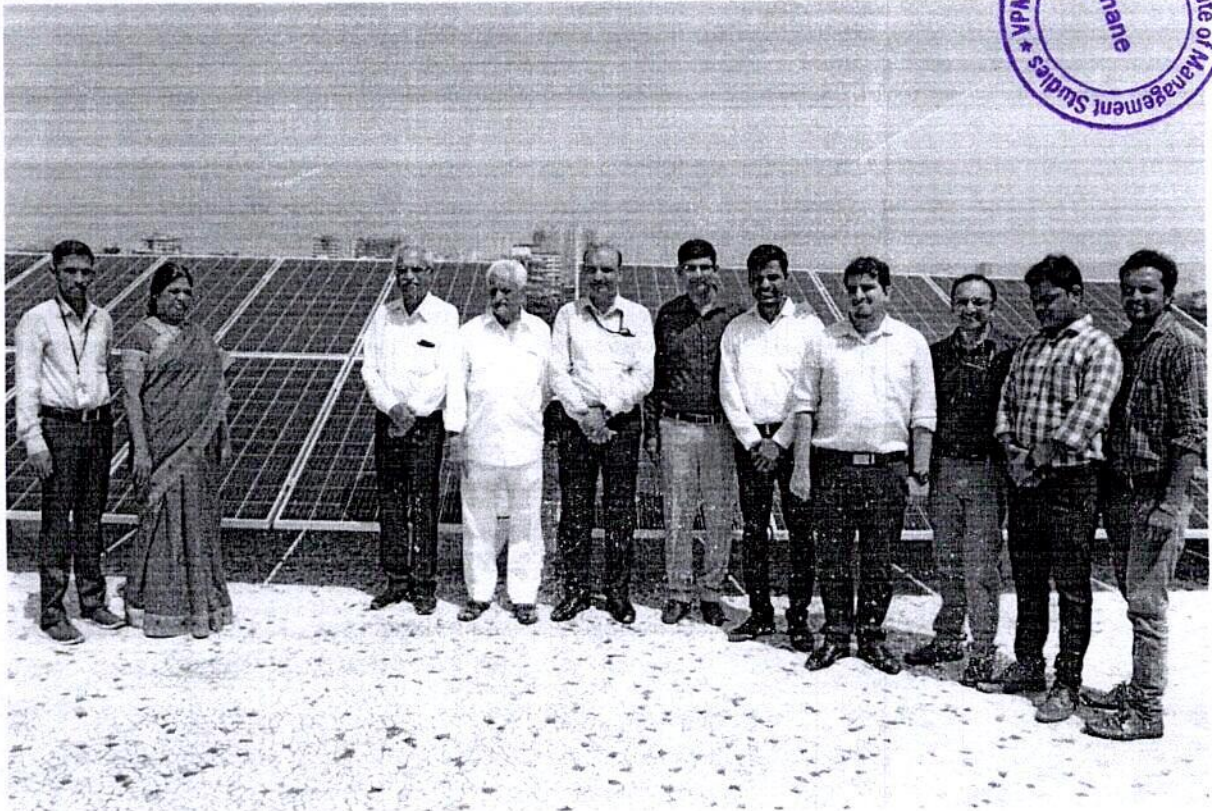
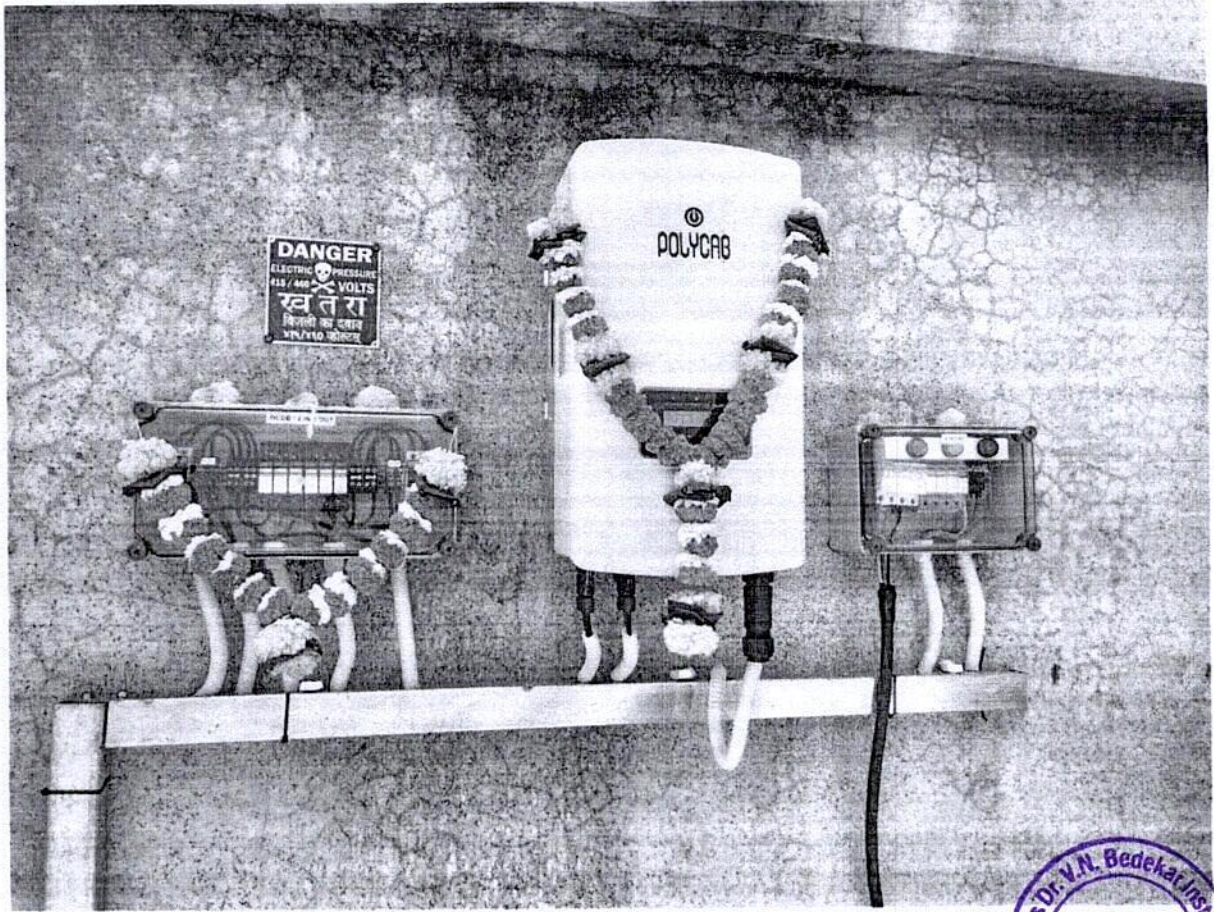
On September 17th, 2019, we took a significant step towards sustainability by installing a 9.9 kWh solar panel system on our terrace. This initiative aims to reduce our carbon footprint and lower our energy costs by harnessing renewable solar energy. The installation aligns with our commitment to green practices and showcases our dedication to environmental responsibility.

The solar panel system is expected to generate clean energy, contributing to a reduction in greenhouse gas emissions and providing long-term cost savings. This project not only underscores our environmental commitment but also enhances our reputation as a forward-thinking organization. We look forward to the positive impact this installation will have on both our operations and the broader community.

K.P.

Signature of Committee Convenor





Date: 12th October 2020

Report on Gandhi Jayanti Rangoli Competition

On October 12th, 2020, DR VN BRIMS celebrated the 150th year of Gandhi Jayanti through a vibrant Rangoli Competition. The event, coordinated by Dr. Pallavi Chandwaskar and Dr. Meenakshi Meenakshi, aimed to honor Mahatma Gandhi's legacy and promote artistic expression among participants.

The competition featured a variety of creative Rangoli designs, reflecting themes of peace, unity, and cultural heritage. Participants showcased their skills and imagination, contributing to a festive atmosphere. The event not only celebrated Gandhi Jayanti but also fostered community spirit and appreciation for traditional art forms.

K.P.

Signature of Committee Convenor





Date: 19th October 2019

Report on Blood Donation Camp

On October 19th, 2019, Dr. Pallavi Chandwaskar organized a "Blood Donation Camp" in association with Anviksha Blood Bank, as part of the 150th Gandhi Jayanti year celebrations. The event aimed to honor the spirit of service and compassion that Mahatma Gandhi stood for.

The camp provided an opportunity for participants to contribute to a noble cause by donating blood, helping to address critical shortages and support those in need. The event was well-received, with a strong turnout of volunteers and successful collection of blood donations. This initiative underscored the importance of community service and collective effort in making a positive impact.

K. P.

Signature of Committee Convenor





Date: 14th November 2019

Report on Outbound Leadership and Self Development Programme

On November 14th, 2019, Dr. Pallavi Chandwaskar organized an Outbound Leadership and Self Development Programme for the students of DR VN BRIMS. The programme was conducted by the professional trainer Mr. Rajesh Shukla and aimed to enhance students' leadership skills and personal growth.

The session included various interactive activities and exercises designed to build leadership qualities, teamwork, and self-awareness. Participants engaged in practical challenges that fostered critical thinking and effective communication. The programme was highly appreciated by the students for its impactful approach to developing essential skills for their future careers.

K.P.

Signature of Committee Convenor





Date: 23rd December 2019

Report on Guest Session on "Entrepreneurship and Motivation"

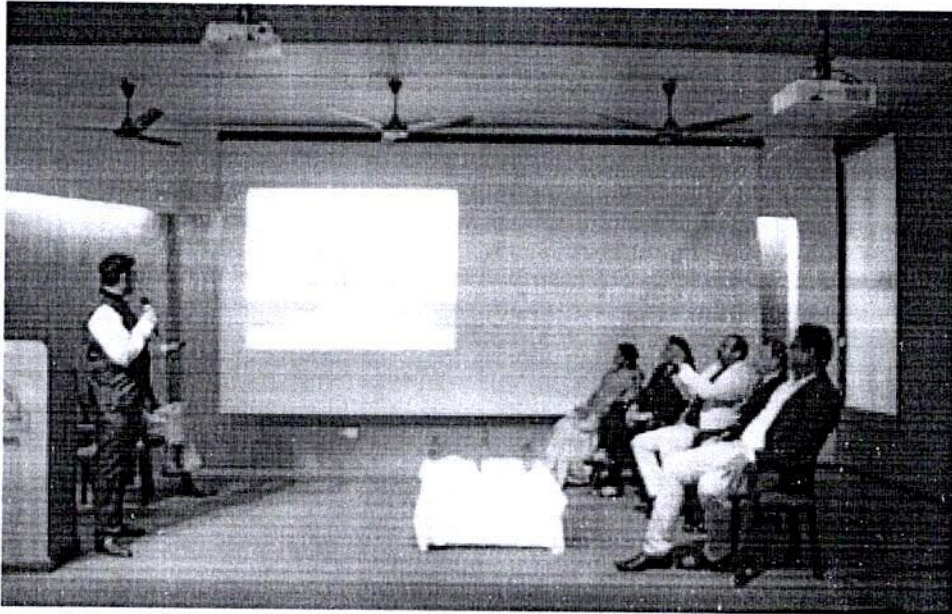
On December 23rd, 2019, Dr. Pallavi Chandwaskar organized and coordinated a guest session on the theme "Entrepreneurship and Motivation" for all MMS and PGDM first-year students. The session featured resource persons from the Trainers Association of India, who provided valuable insights into the entrepreneurial journey and motivational strategies.

The guest speakers covered essential topics such as innovative thinking, risk management, and the importance of motivation in achieving entrepreneurial success. The interactive session allowed students to engage with the experts, ask questions, and gain practical knowledge that would aid them in their future careers. The event was well-received and provided a meaningful learning experience for all attendees.

K.P.

Signature of Committee Convenor





Date: 7th March 2020

Report on Stress Management Guest Session and Workshop

Dr. Smita Jape organized a guest session and workshop on "Stress Management". The event was conducted by esteemed speakers Dr. Preeti Shirodkar and Mrs. Minouti Naik, who brought their extensive expertise and experience in the field of mental health and wellness.

Dr. Preeti Shirodkar began the session by discussing the physiological and psychological aspects of stress, emphasizing the importance of recognizing stress symptoms early. Mrs. Minouti Naik followed with practical strategies for managing stress, including mindfulness techniques, relaxation exercises, and time management skills. The interactive workshop allowed participants to engage in hands-on activities, ask questions, and share their experiences, fostering a collaborative and supportive learning environment.

The session was well-received by attendees, who appreciated the valuable insights and practical tools provided. The event not only enhanced participants' understanding of stress management but also equipped them with effective techniques to implement in their daily lives. Dr. Smita Jape's initiative in organizing this workshop underscores our commitment to promoting mental health and well-being within our community.

H. P.

Signature of Committee Convenor





Date: 15th May 2020

Report on "Psychology of Motivation" Workshop

In May 2020, the CSR Committee organized an insightful workshop titled "Psychology of Motivation". The event aimed to explore the underlying psychological principles that drive motivation and how they can be harnessed for personal and professional growth. Participants were introduced to various theories of motivation, including intrinsic and extrinsic motivators, and their impact on behavior and performance.

The workshop provided practical techniques to enhance self-motivation, set achievable goals, and maintain sustained effort towards personal and professional objectives. Interactive sessions allowed attendees to engage in discussions, share experiences, and apply motivational strategies in real-life scenarios. The event was well-received, underscoring the importance of understanding and leveraging motivation in everyday life.

K.P.

Signature of Committee Convenor



Date: 26th May 2020

Report on Fitness Challenge

On May 26th, 2020, the CSR Committee organized an exciting Fitness Challenge. The event aimed to promote physical well-being and encourage a healthy lifestyle among participants. The challenge included a variety of activities designed to test endurance, strength, and overall fitness levels.

Participants engaged in a series of exercises and fitness tasks, with guidance from professional trainers who provided tips on proper techniques and the importance of regular physical activity. The event fostered a spirit of camaraderie and healthy competition, motivating attendees to push their limits and achieve their fitness goals. The Fitness Challenge was well-received, highlighting the benefits of staying active and maintaining a balanced lifestyle.

K.P.

Signature of Committee Convenor

